

PSHE Y2 CURRICULUM

Y2 - PSHE

Autumn 1	Spring 1	Summer 1
<p>The caring school Feelings and relationships Pupils learn:</p> <ul style="list-style-type: none"> • Who is in their family? • Why families are important? • To understand and respect the similarities and differences between people • What makes a good friend • About solving problems that might arise with friendships 	<p>Healthy Lifestyles Pupils learn:</p> <ul style="list-style-type: none"> • About eating well • About the importance of physical activity, sleep and rest • About basic health and hygiene routines 	<p>Keeping myself safe Pupils learn:</p> <ul style="list-style-type: none"> • About what to do if they get lost • About risks inside the home • To identify risks outdoors
Autumn 2	Spring 2	Summer 2
<p>Feelings and relationships Pupils learn:</p> <ul style="list-style-type: none"> • What bullying is • About the feelings of isolation and loneliness 	<p>Growing and changing Pupils learn:</p> <ul style="list-style-type: none"> • About growing from young to old and learn that they are growing and changing • How to recognise emotions and manage them 	<p>The world of drugs Pupils learn:</p> <ul style="list-style-type: none"> • Why medicines are taken • Where medicines come from • About keeping themselves safe around medicines • About the effects of smoking on the body